

## **TLIF3063 – ADMINISTER THE IMPLEMENTATION OF FATIGUE MANAGEMENT STRATEGIES**

This unit involves the skills and knowledge required to administer the implementation of fatigue management strategies during work operations in a defined workplace in accordance with national and state/territory legislation and relevant regulations.

It includes monitoring the implementation of fatigue management strategies, recognising breaches of fatigue management policies, procedures and regulations, and developing and assessing staff competence in fatigue management.

It also includes providing feedback to staff on shortcomings in their fatigue management skills and knowledge, and reporting to management on the implementation of fatigue management policy.

You will learn about:

- causes and consequences of fatigue in relation to employees and organisation
- employee and organisation responsibilities for implementing fatigue management regulations and policies including suppliers and sub-contractors in organisation's services and products supply chain
- factors that increase fatigue-related accidents
- hazards and risks created by fatigue in the workplace
- how fatigue affects workplace performance
- how fatigue contributes to workplace accidents
- lifestyles that promote the effective long-term management of fatigue



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- options and resources for providing training and learning opportunities for employees on fatigue management and the implementation of organisation's fatigue risk management system, including initial induction training, in-depth training on fatigue and fatigue management techniques, remedial training where existing competence is assessed as being insufficient and fatigue management refresher training
- organisation's fatigue risk management system and the workplace policies and procedures related to fatigue management, and the control of factors that can contribute to fatigue and fatigue-related accidents
- organisation's fatigue risk management system as it relates to the operational area/s being administered
- procedures for auditing and reviewing organisation's fatigue risk management system, and related policy and procedures for reporting audit outcomes
- processes and resources for assessing employee fatigue management competence
- relevant codes, regulations, permit and licence requirements
- relevant work health and safety (WHS)/occupational health and safety (OHS) regulations
- strategies and ways of managing fatigue
- ways of assisting individuals to assess their own sleep patterns and to evaluate their own fitness for work such as providing information on how to identify sleep disorders and how to obtain appropriate treatment
- ways of providing feedback to employees on identified deficiencies in their competence to implement fatigue management strategies
- ways of recognising fatigue.



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**Entry Requirements** - Nil

**Language, literacy and numeracy requirements** - Sufficient language skills to be able to communicate with others in a clear and concise manner. Enough literacy skills to be able to read and comply with work instructions and specifications.

**Duration** – 1 day

**Delivery Location** - This training can be conducted at either your premises or at our training centre. Where training is held, onsite training rooms that can comfortably accommodate the class size are required.

### **Personal Protective Equipment**

- Long work pants and shirt
- Covered shoes
- Other requirements as specified by your workplace or legislation

**Assessment** - The assessment will consist of written and practical activities and written and practical assessment.

**Certification** - Upon successful completion each participant will receive a nationally recognised statement of attainment for TLIF3063 Administer the implementation of fatigue management strategies.

**Cost** - Please contact our office on (07) 4779 3667 for information on fees, scheduling and a copy of our Candidate Handbook.



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