

## HLTAID001 – PROVIDE CARDIOPULMONARY RESUSCITATION



This unit of competency describes the skills and knowledge required to perform Cardiopulmonary Resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This unit applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings.

You will learn about:

- State/Territory regulations, first aid codes of practice and workplace procedures including:
  - ARC Guidelines relevant to the provision of CPR
  - safe work practices to minimise risks and potential hazards
  - infection control principles and procedures, including use of standard precautions
  - requirements for currency of skill and knowledge
- Legal, workplace and community considerations, including:
  - awareness of potential need for stress-management techniques and available support following an emergency situation
  - duty of care requirements
  - respectful behaviour towards a casualty
  - own skills and limitations
  - consent
  - privacy and confidentiality requirements
  - importance of debriefing



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- Considerations when providing CPR, including:
  - airway obstruction due to body position
  - appropriate duration and cessation of CPR
  - appropriate use of an AED
  - chain of survival
  - standard precautions
  
- Basic anatomy and physiology relating to:
  - how to recognise a person is not breathing normally
  - chest
  - response/consciousness
  - upper airway and effect of positional change

**Entry Requirements** - There are no pre requisites for this course.

**Language, literacy and numeracy requirements** – Language skills sufficient to make an accurate verbal report to supervisor and/or emergency response services.

**Duration** - Typically this course is conducted over 4 hours.

### **Personal Protective Equipment**

- Covered shoes
- Other requirements as specified by your workplace or legislation



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# SAFETY & EMERGENCY TRAINING (NQ) PTY LTD

RTO # 40681

**Assessment** - The assessment will consist of written and practical activities and written and practical assessment.

**Certification** - Upon successful completion each participant will receive a nationally recognised statement of attainment for HLTAID001 Provide cardiopulmonary resuscitation.

**Cost** - Please contact our office on (07) 4779 3667 for information on fees, course dates and a copy of our Candidate Handbook



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